

Victory Baptist Church  
Fast & Pray

REFLECT (March 15 - March 21)

Monday - 1 Corinthians 15:47-49

Tuesday - Ephesians 4:23-24

Wednesday - 1 John 3:2-3

Thursday - Romans 8:24

Friday - Colossians 3:10

Saturday - 2 Corinthians 3:17-18

Sunday - 2 Corinthians 4:6

REPENT (March 22- March 28)

Monday - 2 Chronicles 7:14

Tuesday - 1 John 1:9

Wednesday - Acts 3:19-20

Thursday - Proverbs 28:13

Friday - 2 Chronicles 30:6-9

Saturday - 2 Peter 3:9

Sunday - James 4:8

RESTORE (March 29 - April 4)

Monday - Jeremiah 30:17

Tuesday - Psalm 51:12

Wednesday - Isaiah 61:7

Thursday - 1 Peter 5:10

Friday - Amos 9:14-15

Saturday - Galatians 6:1

Sunday - Hosea 6:1

## Fasting Information:

Wednesday 3/17 - No liquids except for water (no soda etc.)

Wednesday 3/24 - No sweets

Wednesday 3/31 - No meats

\*Please check with your physician and adhere to any medication guidelines before starting this fast.

